





COMMUNITY GUIDE

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WEEKLY APPLICATION

TAKEAWAY: Meditating on God's word creates space to become living words in my life.

HEAD CHANGE: To enjoy the journey and progression of learning to meditate on God's word.

HEART CHANGE: To develop an attachment to God's word through the power of His Spirit.

LIFE CHANGE: To listen to and obey God's word.

OVERVIEW

When we look at the Bible it can be overwhelming and intimidating. How do we approach these sixty-six books and hundreds of pages? And within those pages are stories written over the course of thousands of years. So why open up this book that may be hard to see the benefit of what is in it?

The beauty of the Bible is that it is literally God's very words. When we pause and view this book as God actually speaking to us and revealing His wisdom and truth to us, it fully alters our approach and how we read and grasp it. This book now takes on a whole new identity to us. Hebrews 4:12 says that, "the word of God is living and active and full of power..." When we approach the Bible as living and active, we can begin to meditate on the scriptures in a new and life-giving way. We become active participants of His Word.

The truth is, reading and meditating on scripture changes us. We are filled with wisdom and we are given guidance on how to be a light in our world. We gain a greater understanding of who God says we are, and as we allow ourselves to actively meditate, our relationship with God deepens. God's word is powerful, it is living and active, it is a place to go to find comfort and joy. Creating a habit of active meditation allows God to speak to us and we then have the privilege of experiencing his power in our lives.

"For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between join and marrow. It exposes our innermost thoughts and desires"

-Hebrews 4:12 (NLT)-

DISCUSSION QUESTIONS

1. What are some of your first reactions to the idea of meditation? What is your background experience in this area?
2. What things make your life crowded? Do you think you have a desire to hear the Lord's voice in the midst of all the clutter?
3. What is the value of thinking through the specifics of time, place, and position during meditation experience? What will be the time and place that you choose to begin a Bible reading plan and our 21-day devotional as you begin the practice of reading and meditation on scripture this week?

CLOSE IN PRAYER

Father, I pray that you instill in me a desire to know and to meditate on your word. Your words are living and active and in them I can grow in wisdom and learn what you have for my life. Thank you for the gift that is your word and help me to continually seek out what you have for me and what you want me to learn. In Jesus' Name, amen.

IN THIS TOGETHER!